

What is Medication Assisted Treatment?

Medication Assisted Treatment (MAT) is an outpatient program used to treat moderate to severe opioid or alcohol use disorder. In conjunction with counseling and peer mentoring, this service uses medication to support clients in their recovery process. Staff collaborate with knowledgeable, compassionate medical doctors from reputable facilities to aid in care for our clients. The MAT program provides a healthy, respectful environment in which clients can expect to find support in their journey to recovery.

**You don't have to be
ready to recover.
You just have to be
willing.**

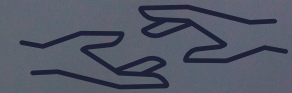
CLATSOP
BEHAVIORAL
HEALTHCARE

M•A•T

MEDICATION ASSISTED TREATMENT

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The first steps
toward recovery are
the hardest.



We're here to help.

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(503) 325-5722

www.clatsopbh.org

24-Hour Crisis Line
(503) 325-5724

CLATSOP
BEHAVIORAL
HEALTHCARE

CONTACT US

115 W Bond Street
Astoria, OR 97103
(503) 325-5722
mat@clatsopbh.org
www.clatsopbh.org

Evidence of Effectiveness

Buprenorphine is the type of medication prescribed in this program. Buprenorphine is used to treat opioid dependence. Less than 20% of patients on Buprenorphine treatment are currently receiving therapy. For most people, the use of medication combined with therapy and case management is far more effective than either medication or therapy on their own. Research shows that Medication Assisted Treatment significantly increases a person's success in treatment and reduces illicit opioid use, compared to non-drug approaches. By reducing risky behaviors such as injection of infectious diseases such as HIV & Hepatitis C.

Clatsop Behavioral Healthcare (CBH) believes in Medication Assisted Treatment.

Our team is here to help.

*Recovery is a process.
It takes time.
It takes Patience.
It takes everything
you've got.*

*But, we'll be with you
every step of the way.
Let us help you change
your life.*

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*If you are interested
in seeking treatment,
please call
(503) 325-5722
or visit our
Bond Street office.*

*For urgent needs,
please visit the
Rapid Access Clinic.
115 W Bond St, Astoria.*

**24-Hour Crisis Line
(503) 325-5724**

What We Do in the Program

Participating in Medication Assisted Treatment, clients will learn;

- Stages of Change – What it means to be ready.
- Stopping the Addiction Cycle – Learning About Alternative Lifestyles
- Identifying External Triggers – What Helps and What Doesn't
- Relapse Prevention Skills – How to Stay on Track
- Managing Urges & Cravings – Resiliency and Daily Progress
- Improved Coping Skills – Taking on the Challenges of Life

*We are here to help.
We are here to encourage.
We are here to offer support
in all aspects of your
treatment.*